

Month:

Mon

Tues

Wed

Thu

Fri

Sat

Sun

Wk 1

Wk 2

Wk 3

Wk 4

Wk 5

To Do List

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Grow Your Own Future with
Essential Life Skills



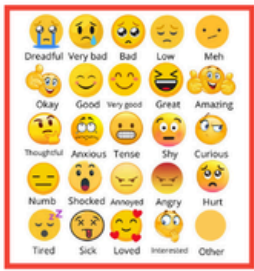
Unit 273b Wenta Business Centre, Colne Way, Watford WD24 7ND

07564 695523

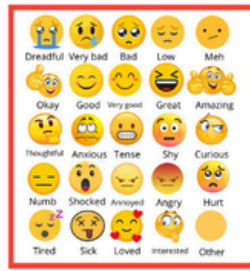
enquiries@essentiallifskills.org

www.essentiallifskills.org

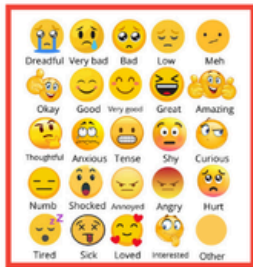
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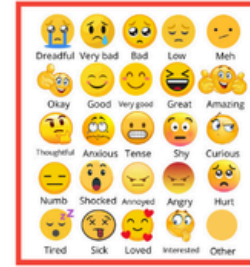
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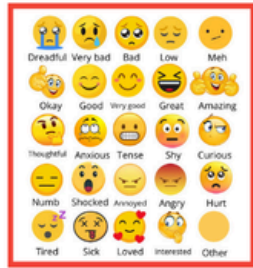
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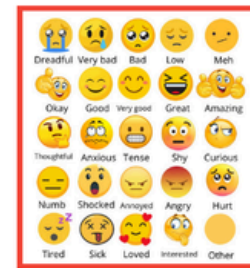
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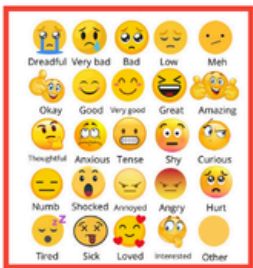
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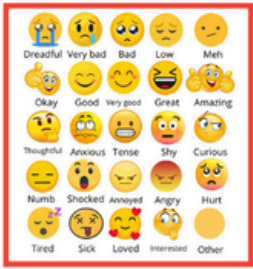
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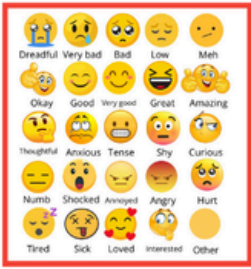
Habit Tracker

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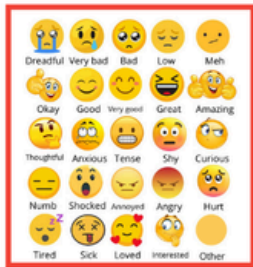
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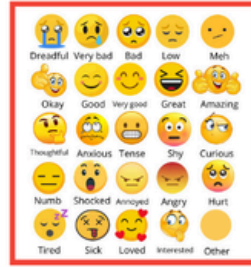
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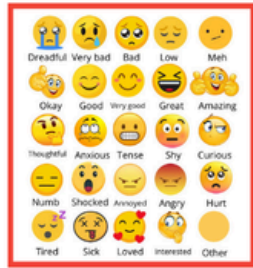
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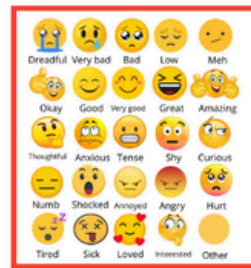
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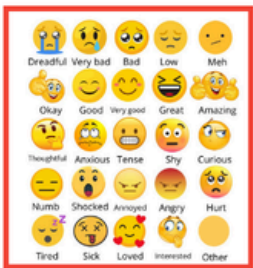
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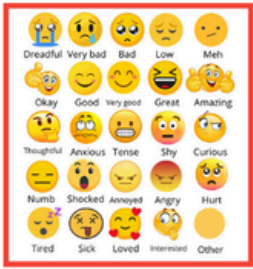
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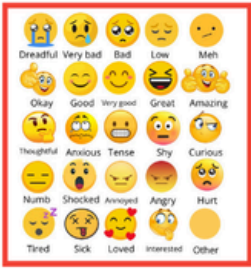
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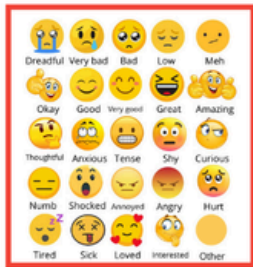
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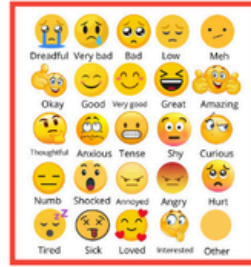
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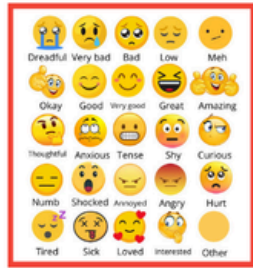
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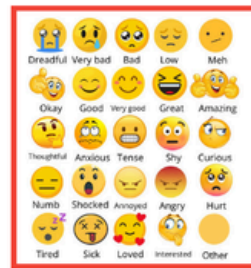
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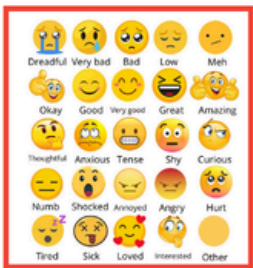
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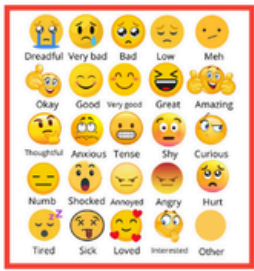
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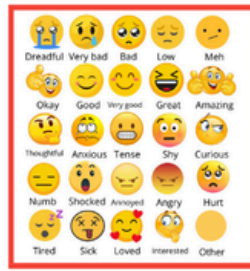
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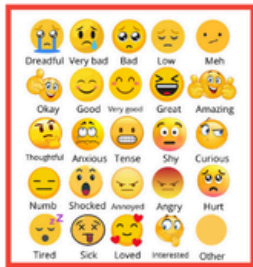
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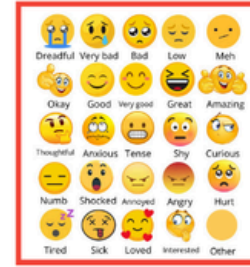
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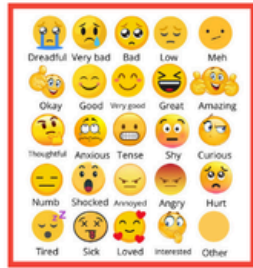
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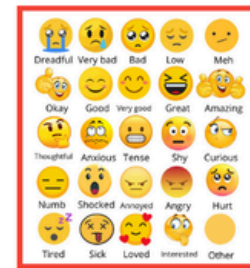
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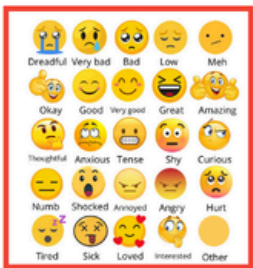
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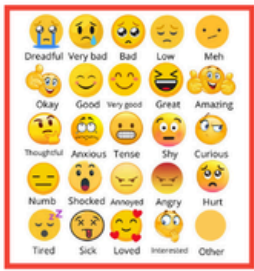
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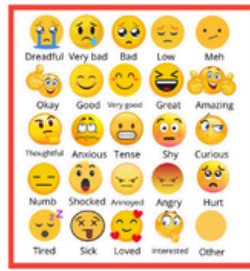
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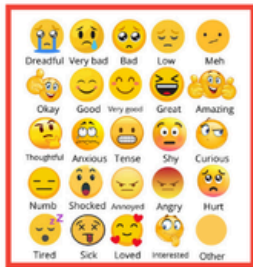
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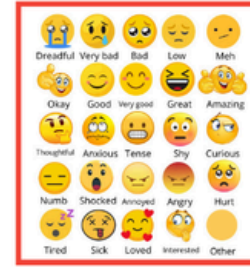
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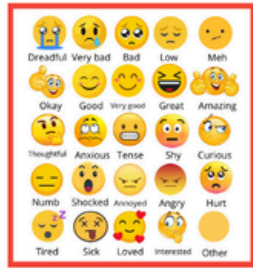
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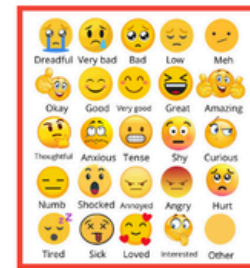
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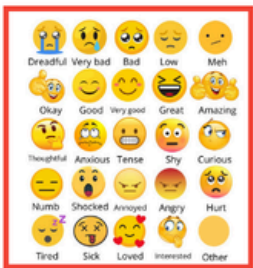
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